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## **BETHEL WOODS RELEASES FALL PROGRAMMING FOCUSED ON COMING TOGETHER WHILE APART**

*Outdoor Dining, Socially-Distant Exhibits, and Wellness Series Included in List of Upcoming Events*



*Caption: Volunteers at The Museum at Bethel Woods stand masked and ready to greet guests into the Main Exhibit, The Story of Woodstock and the Sixties. Photo by Kevin Ferguson.*

**BETHEL, NY (September 23, 2020)** – Nonprofit cultural organization Bethel Woods Center for the Arts opened its museum doors mid-July, and today announced a full calendar of programming through the fall at the historic site of the 1969 Woodstock festival. Collaborating with local partners, events will continue to emphasize The Center’s commitment to health, wellness, and shared experiences, despite circumstances changing a typical programming schedule.

The expansion of the **Big Eddy Film Festival** brings two nights of film screenings to the Center’s outdoor, picturesque Terrace Stage. Produced by Delaware Valley Arts Alliance of Narrowsburg, NY (DVAA), the Big Eddy Film Festival aims to advance the traditional art of storytelling by showing the newest and best independent films from around the world and the local area. “Now more than ever, we value collaboration and partnerships with neighboring organizations that seek to provide opportunities for our mutual audiences,” said Eric Frances, CEO, Bethel Woods Center for the Arts. “We are thrilled to share our space with a likeminded organization like DVAA and look forward to welcoming the community for a weekend of film and culture in a safe environment,” he continued.

Friday, September 25: *Jimmy Carter Rock & Roll President*

This new documentary chronicles the relationship that music played in Carter's early life, his campaign for the White House, and his term as the 39<sup>th</sup> President of the United States.

Saturday, September 26: *Gossamer Folds*

Ten-year-old Tate develops a strong bond with his transgender neighbor Gossamer in this heart-felt drama set in 1980s Missouri.

Bethel Woods also continues to offer outdoor, socially-distant dining experiences in the open-air Market Sheds. Following a launch earlier in the summer that guests described as having "...good food in a place whose history and soul is powerfully tangible," the **More Than A Meal** series highlights the historical expertise of The Museum at Bethel Woods Senior Curator Dr. Neal Hitch and culinary prowess of Executive Chef Jasper Alivia.

October 1: Dinner with the Folks

The first day of the Woodstock Music and Arts Fair was scheduled to be entirely folk acts. This was the standard music of the early '60s, and the base of what would come later. This dinner explores the roots of contemporary cuisine through traditional folk dishes.

October 8: Jazz Fusion/Food Fusion

More than sixteen Jazz musicians played on the stage at Woodstock, and the paring of psychedelic and jazz music led to the creation a new genre and some very successful commercial bands. This experience will pair unusual items that should not go together, but just do.

October 15: Hawaii in Contrast

Hawaii is the only U.S. state located outside North America, the only island state, and the only state that used to be a sovereign nation. During the 1960s, a market was created to make Hawaii a signature travel destination, but today, it is a state of contrasts. Enjoy a culinary experience of the history of Hawaii, featuring traditional and fusion dishes from this Pacific paradise lost.

**The Art of Wellness** is a new initiative piloted by the Center, designed to combat the impact the COVID-19 crisis has had on the physical and mental well-being of individuals. The series creates opportunities for guests to practice optimal well-being in body and mind. Activities include:

**Yoga on the Field:** Led by a different, local instructor each week, Yoga on the Field provides an opportunity to connect, practice self-care, and become grounded on the historic festival field.

*Sundays through October 11 | 9:30 AM | \$15*

September 27: Sound Healing with Marc Switko

Gong meditation is a unique sound practice involving vibrations and therapeutic sound waves for healing. The practice consists of "gong meditation music" as participants meditate in repose. There are therapeutic benefits of this practice that include increased awareness and relaxation.

October 4: Pilates with Andrea Lanzetti

Andrea Lanzetti is a New York-based dancer, teacher, and founder of Bodies and Plants in Livingston Manor, New York. Her career in dance has led her to become a certified Pilates instructor and movement advocate.

October 11: Open Level Vinyasa Flow with LeeAnna Maniace

During this hour long class be taken through yoga asanas (postures) in a flow to help most strengthen and nourish the body and mind.

**Adult Studio:** This free, small-capacity creative arts therapy group introduces a different activity each week, focusing on resilience and wellness.

*Wednesdays, September 30 through November 18 | 6:00 PM – 7:30 PM | Free; RSVP Required*

September 30: Walking Meditation on the Bindy Bazaar Trail

October 7: Exploring Herbs and Essential Oils

October 14: Guided Meditation Practice

October 21: Cultivating Resilience  
October 28: Vision Boarding  
November 4: Expressive Painting  
November 11: Exploring Gratitude  
November 18: Dealing With Life's Transitions

**Teen Studio:** These free weekly meet-ups provide a space to experience how creativity can lead to new perspectives and freedom from stress and worry.

*Tuesday, October 6 through November 3 | 6:00 PM – 8:00 PM | Free; RSVP Required*

October 6: Mandala Making  
October 13: Creative Journaling  
October 20: Clay Animation  
October 27: Connecting Creatively  
November 3: Vision Boarding

An additional wellness program development for the Alzheimer's Association, **Something About Alz**, is held every Tuesday through October 6 from 11:00 AM – 12:00 PM. This series is offered to seniors with Alzheimer's and dementia as a new way to socialize, communicate, and experience the joy of the moment through expressive art and music. Sessions are led by Licensed Creative Arts Therapist and Bethel Woods Lead Teaching Artist Candace Rivela. To register, interested parties should contact the Alzheimer's Association at (800) 272-3900.

**The Museum at Bethel Woods** is currently open seven days a week, 10:00 AM – 5:00 PM. The Museum has been modified for guests' safety and features outdoor exhibits including **Meet Me At Woodstock** – an augmented reality tour that uses authentic stories and sounds to immerse a visitor in the sights and surroundings of the 1969 Woodstock festival.

For more information on ticketing, event programming, or to purchase tickets, please visit [BethelWoodsCenter.org](http://BethelWoodsCenter.org)

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#### About Bethel Woods Center for the Arts

Bethel Woods Center for the Arts inspires, educates, and empowers individuals through the arts and humanities by presenting a diverse selection of culturally-rich performances, popular artists, and community and educational programming. Located 90 miles from New York City at the site of the 1969 Woodstock festival in Bethel, NY, the lush 800-acre campus includes a Pavilion Stage amphitheater with seating for 15,000, an intimate 440-seat indoor Event Gallery, the award-winning Museum at Bethel Woods, and a Conservatory for arts education programming.

Through the in-depth study and exhibition of the social, political, and cultural events of the 1960s, as well as the preservation of the historic site of the Woodstock Music and Art Fair, Bethel Woods educates individuals about the issues and lessons of the decade while inspiring a new generation to contribute positively to the world around them. The not-for-profit organization relies on the generous support of individuals, corporations, and foundations to develop and sustain programs that improve the quality of life in the region and beyond.

For more information please visit [www.BethelWoodsCenter.org](http://www.BethelWoodsCenter.org).